

Dignity Foundation Services

FOR SENIORS KEEN ON READING, KNOWING AND LEARNING

Dignity Dialogue

The monthly magazine in English for Productive Ageing. Exclusive publishing space for Senior Citizens to write and publish.

BY SUBSCRIPTION ONLY -- ALL-INDIA

FOR SENIORS IN ALL CITIES

Voice of Dignity – monthly newspaper

Lobby and Advocacy newspaper for senior citizens all over the country. Each month discusses a new topic with voices of seniors.

FOR SENIORS WHO WANT TO WORK AFTER RETIREMENT

Dignity Second Careers

Job counselling and placement for retirees.

See www.dignitysecondcareers.org

MUMBAI, JAMSHEDPUR

FOR SENIORS WHO ARE LONELY AND DEPRESSED

Dignity Companionship

Volunteers visit homes of the lonely, enhance existing human resources & networking of seniors with their family and friends towards independence and self-sufficiency.

MUMBAI, CHENNAI, KOLKATA

FOR SINGLE SENIORS AND COUPLES LIVING ALONE KEEN ON DISCOVERING & NETWORKING WITH ONE ANOTHER

Dignity Discovery

Sujan-Dignity and Rotary-Dignity projects for loneliness mitigation to single elderly and couples living alone -- fortnightly bus trips to scenic sites away from Mumbai. Food Court and talent shows every month to cement bonds developed during bus trips. Discovering each other and scenic sites are the twin goals.

FOR SENIORS WANTING TO BE INTEGRATED WITH THE INFOCOM REVOLUTION

Dignity Computer Skills

Basic computer literacy at nominal charges. In Mumbai, teachers go home or tuitions offered at nearest cyber café through Dignity faculty.

MUMBAI; JAMSHEDPUR; KOLKATA

FOR SENIORS WITH A KEEN CIVIC SENSE & RESPONSIBILITY

Dignity Civic Service

Collaboration with Municipal Corporation. Members are engaged in locality management, improving its cleanliness, and promote awareness for segregating dry and wet garbage and insitu composting.

MUMBAI

FOR SENIORS IN DIFFICULT CIRCUMSTANCES

Dignity HELPLINE

Social support system for abused elders through counselling, police help, legal help and other problem solving techniques.

CHENNAI 26463165; JAMSHEDPUR 2474

1314; KOLKATA: 24638664 MUMBAI

23898078

FOR SENIORS UNDER THREAT OF PHYSICAL SECURITY

Security with Dignity

A network of protection with Police assistance for Elders living alone.

MUMBAI and JAMSHEDPUR

GOVT.AUTHENTICATED MULTI- PURPOSE ID CARDS FOR SENIORS

Senior Citizens ID card

Govt. of Maharashtra ID cards are given at 11 Dignity centres in Mumbai and 15 other cities in Maharashtra.

MUMBAI; JAMSHEDPUR

FOR SENIORS KEEN ON BUILDING COMMUNITY TIES AND TOGETHERNESS

Monthly Get-Togethers

Cultural programmes including talks are held.

KOLKATA, JAMSHEDPUR

FOR SENIORS SEEKING PROFESSIONAL ADVICE/COUNSELLING

Dignity-Rotary Club of Bombay Pier Seniors Citizens Counselling Centre

The last stop for all assistance – legal, financial, tax, consumer grievances, investments, insurance problems, medical references etc.

MUMBAI

FOR SENIORS WHO BELIEVE IN DISCOURSE

Dignity Dialogues

Monthly interactive forum for discussing issues based on the magazine. Celebrities, Writers, and commentators meet subscribers and members to articulate issues of relevance to Senior Citizens.

CHENNAI

FOR SENIORS' RELAXATION AND ENTERTAINMENT

Dignity Evenings

Dignitarians spend time together pursuing matters of mutual interest -- playing cards, carom, chess spelcraft etc. or simply chatting with each other in mutual company.

CHENNAI

FOR SENIORS TO CULTIVATE COPING SKILLS WITH LIFE PROBLEMS

Psychological Counseling

Professionally trained counselors are made available for purposes of increasing the coping skills of Senior Citizens in dealing with their every day lives.

MUMBAI, CHENNAI, JAMSHEDPUR

FOR SENIORS WHO WANT TO LIVE A CARE FREE LIFE IN COMFORT, SECURITY AND SERVICE TO COMMUNITY

Dignity Lifestyle Township

Township of independent cottages for 500 Senior Citizens in Neral, near Mumbai.

MUMBAI

FOR SENIORS HEALTH UPKEEP

Dignity Health Check-Up for members at discounted prices at The Tin Plate Hospital, Golmuri. Selected medical centres in Kolkata also extend discounts.

JAMSHEDPUR

FOR SENIORS WHO NEED PROFESSIONAL LEGAL COUNSEL

Dignity Legal - Legal Professionals give advice, counsel and help to all senior citizens at affordable fees.

CHENNAI; JAMSHEDPUR; KOLKATA; MUMBAI

FOR SENIORS TO EXPRESS TALENT & SHARE CULTURAL COMMONALITIES

Dignity Cultural

Programmes every alternate month for the entertainment and enhancement of knowledge.

JAMSHEDPUR

FOR SENIORS TO SERVE AS PRODUCTIVE CIVIC CITIZENS

Dignity Companion of Police

Help Police control Traffic and other tasks conveyed by time by the Supdt. of Police or the Dy. Commissioner, East Singhbhum.

JAMSHEDPUR

FOR SENIORS WHO WANT TO PRACTICE SOUL STIRRING EXERCISES

Dignity Meditation Centre

Every Thursday evening practice sessions at Salt Lake attended by devotional songs and bhajans.

KOLKATA

FOR SENIORS AFFECTED BY DEMENTIA

Dignity Dementia Care

A Day Care Centre, Respite care at homes of dementia affected, regular awareness building about Dementia and Memory Gym are offered at

Head Office of Dignity Foundation, Mumbai, Kolkata, Delhi

FOR SENIORS TO VOICE THEIR VIEWS

Voice of Dignity

Voice of Dignity is a forum for senior citizens of all classes and cities to share their views about various rights, facilities and conveniences they expect to receive from society. In an organized fashion meetings take place in decentralized settings in Mumbai to be emulated in other cities.

MUMBAI

FOR REACHING OUT TO SENIORS IN LOWER INCOME LOCALITIES

Dignity on Wheels

A large bus is equipped with every service that the Foundation delivers. The bus reaches out to lower-income locality.

MUMBAI

Dignity Induction

A rousing welcome to every senior citizen knocking at the doors of Dignity Foundation.

MUMBAI
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<http://www.dignityfoundation.com> ;
<http://dignitylifestyle.org>

CHENNAI CHAPTER: "Swarna" C Wing C 6, New 18 (Old 70), Halls Road, Kilpauk, Chennai 600010. Tel: 26473165 Email:

KOLKATA CHAPTER: 57b Ballygunge Circular Road, Kolkata 700019, Tel. 24741314
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VISAKHAPATNAM CHAPTER

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